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LIFT LINES

VOL. I No. 4

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FROSTBITE

One of the less attractive sides of skiing is the danger of frostbite. Within recent years so many new ideas have been presented that your editors are taking this space to brief you on the latest Red Cross first aid therapy.

Frostbite is the injury produced by the freezing of a part of of the body usually the toes, fingers or face. It is caused by exposre to cold with insufficient clothing or restricted circulation due to tight clothing, smoking or alcohol.—Frostbite is seldom accompanied with pain and a victim may not be aware of it until someone tells him or until he removes his gloves or boots. The frostbitten area is dead white.

Contrary to popular belief, massage with snow or just rubbing the frostbitten area is very bad. As soon as possible cover the injured part with many layers of wool and then get to a warm, room. The frozen member should be handled with great care and should be rewarmed by submersion momentarily in luke-warm but not hot or cold water. Avoid excessive heat, warm non alcoholic drinks will help.

Some handy preventative tips include: proper clothes (well-fitting as well as warm); constant exercise of the toes and fingers; extra care in high winds, and not staying out late when tired, since resistance is very low.

—SAM SPEVACK

BOUQUET

November 30, 1954

Arthur:

This is just a note telling you that I just read Vol. I No. 1 of *Lift Lines* and found it very interesting and concise. I thought each writer did terrific job. Congrats. and keep up the good work.

Sincerely,—STAN. GREISMAN

REGISTER IMMEDIATELY FOR
MIRAMAR WINTER CARNIVAL WEEKEND
MARCH 5th & 6th

Races — Contests — Costume Parade — Fun & Frolic

General Membership Meetings in March

Tues. March 1 — 8:30 P.M.

Wed. March 16 — 8:30 P.M.

LIFT LINES is published by the **MIRAMAR SKI CLUB**, an amateur, recreational ski club which through cooperative effort endeavors to promote the sport of skiing and good fellowship among its members and guests.

ARTHUR BERGER and JERRY KLEIN—Editors

STAFF—John Tissavarry, Bernie Brodwin, Mickey Morganstern

PREZ SEZ:

I'm sticking with the Woolly-bear caterpillars!—

Wow—What snow!!

Thanks to the snow conditions, and all the wonderful people who have cooperated with us, we have accomplished our aim of sending out a bus every weekend. Not only that, but the trips have been filling up so fast, we've had to close registration early Wednesdays.

I want to thank those guests and members who have helped to make this possible. You deserve a big hand for the cooperation, and terrific spirit that has prevailed on all our trips this season.—Here's hoping for the best season of skiing we've ever had, and keep calling early to fill up those buses. Three cheers for the Woolly-bear caterpillars!



Pat Tuohey does her famous 'one-legged christie' at Oak Mountain.

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Canadian Vacation Trip

If you are planning a skiing vacation in Quebec and wish to go with a club group — contact Harriet Kassofsky.



Skimeister Lew Kerstein demonstrates the saloon slalom to Fran Klein, Rhoda Isaac and Margot Denbo.

SKI TALES

The latest craze to hit the slopes is the mambo on skis. It originated in Sun Valley; not Grossingers, and according to our skimeister it's fairly simple. One question, Mr. Murray, how can you "hesitate" on skis? . . . Past prez Artie "Bosun" Berger missed his first meeting since Miramar's inception, some 7 years ago—his excuse: "I was at the Motor Boat Show."

* * *

Miramar and marriage continue on their merry way with Charlie "Chuck" Tepfer and Sandy Abrams making arrangements for a June honeymoon.—As far as Charlie's concerned, when summer rolls around and the snows are gone, everything will be Sandy. . . . The married couples are really outdoing themselves this year. One trip to Speculator included the Kleins, the Denbos, the Bernats and the Isaacs—I warned you reduced dues for couples would ruin the trips.

* * *

The portly pair Roy Waples and Norm Myerson set a new record at Jasper in Quebec. Together they broke 8 T-bars. After the management warned them not to ride together, Normy riding with a stranger brought down No. 9.—Would you like to try for ten? . . . Thanks to Margot (Bettauer) Denbo who works for a major record company the club has some new discs.

* * *

Miramars have gone ga-ga over the skiing of Lu-Lu and Yo-Yo. Lew Kerstein who always christied as if his ankles were tied together has found some competition from Yolande Glayre. Originally from Switzerland, Yolande has had a little head start on most of us—but she can't yodel. . . . We narrowly missed having a bus load of Miramaniacs quarantined for a week or so when nurse Pat Tuohey came down with the measles on Thursday and had to cancel out.—I noticed her skiing has been a little spotty recently, too. . . . For the 2nd time, love has hit our Social Directors—Lee Flamm has that gleam in his eye. Can he be singing that song, IDA—Sweet As Apple Cider?

There Is Always Something Doing At McBurney.—

McBurney Y, home of our club is a bee's nest of activity to suit the varied tastes and interests of the people who frequent its halls and give it the international flavor it is known for. Right now it is bustling with the annual Queen Contest.

Miramar's candidate for Queen is Susan Fischer, and we ask that you contribute to her campaign whenever the request is made. Each vote costs 10 cents and all the money raised goes into the Fund Raising Campaign of the YMCA. This annual fund campaign helps McBurney remain the active recreational center it is.

McBurney offers many activities, social, cultural, athletic and educational. A fine gym and swimming pool; folk dancing, drama and choral work. The spring session of the educational program will start in mid-March with classes scheduled in subjects such as swimming, square dancing, photography, drama, etc. Also listed is a course in Seamanship and Boat Handling, given by our own versatile Artie Berger. These 8 session courses can be had for \$5 with an extra course for another dollar.

If any Miramar members are interested in becoming Y members, we suggest that you see Russ Miller, in charge of membership, and get full details. Quite a few of our people belong to the Y. Why don't you join them and enjoy the full benefits of this organization.



Susan Fisher, our candidate for Queen of McBurney.



Ellie Tabb, Lois Neger, Claire Topper and Diane Peskin enjoy the usual boy(?) and girl get-together on a Miramar weekend at Spec.



A president's work is never done;
Gus Singer unloads skis at Speculator.



Walter "Wolf" Meierhoff surrounded by Harriet Kassofsky, Phyllis Hallman, Elaine Tessler and Fran Altman. What a man!

Who Needs 'Em!

The "so-sorry" tripwreckers who phone at 4 p.m. on Friday to say they can't come. after having turned down a dozen others. . . . The wise guy who furiously screams "Tr-a-a-ck"! while trying to race a trail meant for leisurely use by novices. . . . The schnooks who are so seriously interested in their own pleasure that they will ski right by an injured skier waiting for some help. . . . The unguided missile who crashes into the line waiting at the foot of the lift—upsetting a half dozen people. . . . The goons who nonchalantly cut into the lift and chow lines under the pretense of stopping to chat

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