LIFT LINES

MIRAMAR SKI CLUB • McBURNEY, Y.M.C.A.
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SURVEY TEAM REPORTS

The weekend of Nov. 22 was strenuously spent by Lew Kerstein and the writer scouting areas that are new to our club. With the deer season in full blast, we were in constant danger while making on-the-spot exploration of areas. We also contacted many inns and hotels.

Although we started out on this survey a bit skeptical, we found the trip to be highly successful and as a result, several new and exciting trips will be added to our itinerary. New contacts that we made in our search for accommodations will help us maintain both the quality and economy of our trips. Also some novel after-skiing recreational activities in real winter wonderland surroundings have been arranged for.

Areas we covered included Whiteface Mt., North Creek and Hickory Hill in N. Y.; Okemo Mt. and Middlebury College Sno-Bowl, (greatly improved). —WALT MEIERHOF

INSTRUCTOR'S CLINIC

A ski instructors clinic was conducted by Skimeister Lou Kerstein at the home of George LeBolt (deep in the Bronx Alps). The Miramar Instructor's Syllabus is being revised in accordance with the latest techniques taught at Stowe.

The instruction staff have recommended that Lou take the professional instructor's exam, in the best interests of Miramar—but our skimeister being a modest fellow will take some coaxing.—A Miramar-sponsored **Qualified Instructor's Exam** will be given on the week-end of Feb. 16 at Stowe.

The instructors present in addition to Lou were Carl Glass, Leo Greenfest, Sam Spivak, Ben Leven, Walt Meierhof and Artie Berger — Staff-in-training present were Jerry Sacks, Harold Sussman and Phil Schorr.

UNIFORM TESTS

Adequate opportunity will be given to our skiers to gauge their progress and achieve the coveted badges at following tests scheduled by our club:—

Basic February 2—OKEMO

Standard February 22—OKEMO

Another date will be set for late March.

The Basic Test will also be given on Jan. 18th by the Mt. Sunapee Ski Club at Sunapee. A club trip will be run to this area on that date. A Standard Test will be given at Sunapee on February 8. An **Advanced Test** will be given March 8 and 9 at Alpine Meadows, sponsored by the Capitol District

LIFT LINES is published by the MIRAMAR SKI CLUB, an amateur, recreational ski club which through cooperative effort endeavors to promote the sport of skiing and good fellowship among its members and guests.

100% Member Club - United States Eastern Amateur Ski Association

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SKI SAFETY AND TRAIL ETTIQUETTE

These suggestions are offered in an effort to make skiing safer and more fun for everyone. Courtesy and respect for your fellowman are all you really need to make skiing the most enjoyable sport of all.

1. SKI UNDER CONTROL AT ALL TIMES.
2. Join a good ski club like Miramar, learn along with others you know and enjoy skiing friendships.
3. Get pre-season conditioning to toughen unused muscles.
4. Take lessons from **Qualified** and **Certified** ski instructors.
5. Take ARC First Aid course so you can help in emergency.
6. OBEY THE ADVICE OF THE SKI PATROLMAN. He usually knows what he is talking about and is doing all this work for YOUR benefit.
7. Treat other skiers as you'd like to be treated yourself.
8. Ski trails according to your ability.
9. Take time out for a good meal and rest at noontime.
10. Obey crossed poles, red flags or signs which close a trail.
11. Skiing alone is dangerous and should never be done.
12. Leave First Aid caches, found along sides of trails, alone. Sometimes YOU may need equipment inside them.
13. No one is interested in a show-off. Ski mature & sensible.
14. Purchase proper equipment. This is best done in a ski shop where expert skiers are present to help you.
15. Outer garments should be windproof with layers of undergarments. When out in low temperature, shed these layers as you begin to warm up, **before** you start to perspire. DO NOT GET CHILLED.
16. If you are not on skis, stay off the slopes and trails.
17. Fill in all sitzmarks. They are dangerous when frozen.
18. Climb up the sides of trails out of the way of skiers.
19. If you must linger to rest, do so away from blind corners.
20. Keep the areas clean. Use proper receptacles for rubbish.
21. Stay off the tips and tails of the other skier.
22. Only fools schuss a crowded slope or trail. Use caution.
23. On cross country skiing or touring, always advise someone where, how, and when you're going and returning.
24. Protect your skin on hazy and sunny days. Sunburn can be serious. Protect eyes against excess wind & glare.
25. Carry your skis over shoulder, **with the points down.**
26. Carry your poles low with the points behind you when running. Don't spear the innocent bystander.
    of your elbow or your hand.
27. Use caution and care on the ski tows.
    a. Remove or eliminate all loose clothing, such as scarves, loose kerchiefs, etc.
    b. Respect the waiting line—**Walk, Don't Ski Into It.**
    c. Don't buck the line—WAIT YOUR TURN.
    d. **Remove your pole straps from your wrist before grasping the rope.** Carry them loosely in the bend of your elbow or your hand.
    e. Let go of the rope gently at the top. Don't try to see how many people you can knock off the line.
    f. After releasing the rope, keep moving away from it to make room for others.
28. Drive carefully when roads are slippery, visibility poor or in heavy traffic. Keep at least one window opened, because of the danger of possible carbon monoxide.
29. Be careful of fire in the waxing areas, equipment room, etc. No open flames are allowed around lacquers, thinners, wax removers, etc. Use care in your hotel room

GALLEY GAL or 2 Weeks Before The Mast

"Condense your newspaper article, but slant it toward Miramar," Artie told me. I figured that tough; but the truth is if it weren't for Miramar this probably would never have happened—because I spent a Miramar weekend aboard the Schooner Northwind last August and became friendly with several of the crew. Some of the boys decided sailing was in their blood and they joined the crew during some following weekends. And one September weekend when some of them were out on the Dutchess (sister ship to the Northwind) they found the Schooner Coradina in distress. They brought her in, fell in love with her—she's a beauty—were invited to sign on for a cruise to the Virgin Islands, and did.

Hours before sailing time the Coradina's cook had to leave suddenly and the boys remembered my passion for sailing. They called 11:30 on a Thursday night. I cleared it with my office the next day and left that night.

The Coradina, German-built in 1952 is a unique square topsail schooner, 100 ft. long, 25 ft. beam, 10 ft. draft, diesel engines. Modern and fully equipped in every respect, except everything connected with th sails are operated manually—no winches (whew). The interior is all beautifully furnished, wall-to-wall carpeting, fine Toulouse Lautrec and other prints, teakwood panelling and all the excellent equipment to make a modern housewife envious. Of course, once we got to sea a lot of it could not be used but it was wonderful in port. Except for the captain we were a completely non-professional crew—14 very different people and one cat.

We saw the ocean go from small to large to running to rough to rolling to oily to confused. We were caught in storms for three days, causing us to reverse our course 200 miles north, blow out the foresail, and heave-to for 36 hours. We made Bermuda—to the credit of our navigator whose first sailing experience this was as well as his navigational first—in seven days instead of the estimated four. We saw the Aurora Borealis, caught a dolphin and watched leaping tuna chase flying fish . . . The ridiculousness of trying to prepare fricasees, roasts chops, souffles, bake cakes and make other various delicacies while turning and spinning up, around and down, using three hands to hold the pots on the stove, with feet propped against the wall to keep from going head first into the stew and cautiously opening cabinets on the correct tack is an unforgettable and hilarious experience. I was also on the 8 to 12 p.m. watch and stood a trick at the wheel.

When we got to Bermuda, My friend Sonia (my assistant in the galley) and I did a half-hour radio broadcast and I wrote a story that made the front page. We toured the Island by motorbike, got in some water skiing, had a taste of skin-diving, and came home with over 100 color slides. The ship continued on to St. Thomas, Barbados and other places but some of us did have to return. —MONA

WHAT'S NEW IN THE SKI WORLD

Mt. Ascutney, near Springfield, Vt. reports installation of T-bar and snow-making machinery . . . **Hickory Hill,** near Warrensburg, N. Y. now boasts a new Poma lift. This area is delightful but one we rarely visited because of the rugged rope tows they had . . . **Bousquet's** at Pittsfield has made a terrific comeback with vast improvements such as the installation of Poma lifts and 2 T-bars with a super snow-making installation that can cover 16 acres . . . **Belknap** at Laconia, N. H. will continue its popular "family plan" where up to 2 children (under 16) can ski free, whose parents have bought all-day tickets. . . . **Mount Snow** has added a fifth double chairlift to its plant plus four new trails including a four-mile novice run from the summit . . . **Mt. Sunapee** has constructed a new 1,600 ft. Poma to serve the 15-acre Senior Slope . . . **Big Boulder** in the Poconos reports that in spite of a total snowfall only 10 inches last year, their phenomenal snow-making system covering a T-bar served open slope some 3,000 by 200 feet, produced more than 72 days of skiing. Situated only 90 miles from N.Y.C., it should be of interest to Sunday skiers . . . **Holiday Mt.** near Monticello, N. Y. first major ski area in the borscht belt

GUESS WHO *

Who is this—He started strengthening his ski legs by walking on them at the age of 9 months. He almost had a greatly shortened life, when as a young kid, in a game of cops and robbers he was hung by one of his "friends" with a rope around his neck. Fortunately he already had developed a strong neck.

He went to school at Brooklyn Tech, Poly Tech and graduated from the University of Michigan. During World War II his loud whistle was heard piercing the quiet streets (no wolf whistle) as he was performing his duties as air-raid warden. He then served a hitch in the Air Corps, putting in some time in Japan. He is now working as a metalurgist for a Long Island aviation corporation.

He is athletically inclined, playing handball, tennis, golf and swimming. He is a very good dancer, and plays the banjo (without too much success). Summertime he is seen in his little blue MG convertible throughout the east's resort belt.

He joined Miramar about 7 years ago and immediately became one of the most popular and hard working members, having held positions on the Executive and Social Comm., and at present serving on the Board of Trustees and as Equipment Director. He had a long struggle breaking out of the novice class, but his tenacity and Miramar's buddy skiing helped him break through in a qualitative leap when last season he became our newest addition to the club's Instruction Staff. Who is he??

*(Answer: **Bernie Brodwin**)

ODE TO A MOUNTAIN TRAIL

[While no juggling with rhetoric
can ever hope to do the trick,
to describe the soul-charging ride
on skis down Mansfield's Nosedive,
I was asked to compose such a verse;
Here it is for better or worse.]

I pause a while at the trail's brink and listen
To the Northwind's frosty moan thru the Notch,
Tearing the fleecy clouds overhead as I watch
Mt. Mansfield's snowy Nose and Chin glisten.

Then roused by the clanking of the lift
And the echoing of exultant skier's yells
That have roused the eagle from where he dwells.
With a thrust of my poles I take off swift.

The wind's blasting impact leaves me breathless
While my legs melt as I struggle for control,
Knees pumping like pistons as I reach the Bowl,
I assert myself now, no longer in distress.

Although still quivering as the storm subsides,
I ease as I confirm my mastery of the hill;
Making my skis yield or resist at will
With the rhythm that's present on mountainsides.

The foreground rushes up as the trail
Seems to sweep round the tips of my skis
With every moment providing new harmonies
And melodic snow spuming from my hickory tails.

I rise up over a wind-heaped cornice,
Seeing firs profiled against creamy white hills;
Then plunge into a slalom glade laden with thrills,
And sweep down the last schuss in ecstatic bliss.

A. BERGER

SHOP TALK

The sky looked grey and there was just the right amount of chill in the air the other day so I figured I'd start exchanging sea legs for ski legs by running over to **Scandinavia Ski Shop** and get into a discussion with Harry Valin on getting equipment in order. Harry suggests you examine your plastic bottoms carefully (eh, ski bottoms that is) for any chips, cracks, or holes. They can be repaired very simply, and efficiently with a new tubed plastic on the market. Just fill in the broken places with the paste using a flat knife to smooth it out. After it dries apply a couple of coats of A21 which is a combination lacquer and wax.

Then, of course, be sure to oil, clean and test your bindings. Ski shops will take care of this for about one dollar. Take a look at your edges, too. They probably could stand a sharpening, especially after last season's skiing on rocks and ice. It's wiser to let an experienced ski shop do it for you. Check the ski pole baskets and see that they are not frayed. If you were doing jump turns, kick turns, and shoving off on solid rock, you probably haven't any points left, either. And don't neglect your boots. Give them a light waxing—Kiwi type—then put several coats of leather sealer on welts and edges.

The great abundance and beauty on the fashion side really impressed me. Oh, those gorgeous parkas. Like the reversible Paisley with solid color on the other side and matching ski pants. And a white parka with little black ski cartoons on one side and solid black on the reverse. Another little item that had me fascinated was an after-ski boot made of black rope, patterned with silver sequins and lined with white fur.

Scandinavia also has a laminated ski with fiberglas top, plastic sole, steel edges, in yellow, powder blue, rose, white or to order. How much? Sit down for this one—$29.95! While there I discovered that they use Head skis and double Henke boots for rentals. Very interesting.

Then while the metropolis was huddling by the fireside or shivering at the office and making nasty faces because of a few wonderful snowflakes piddling down, yours truly hopped (the sign at the corner said "Don't Walk") over to **Suns Sporting Goods** to see what our old friend Henry Klein has to offer this year. He has about a complete a line of popular priced merchandise as you will find anywhere. A new ski caught my attention: it's the one made especially for Suns, copied after the more expensive models. This one is hickory with plastic bottoms, metal tip and heel protectors, offset edges, complete with Tyrolia release bindings. A smart ski in charcoal grey with white side stripes at a smart price—$47.45 complete and mounted. They are also running a special on ski sweaters; a nice selection at $11.95. Also found a new boot: the Austrian Koflach, new on the American market! With heavier padding than most boots and a tighter heel hug which should make those girls with the narrow hard-to-fit feet happy. It comes in American A & AA widths.

Just in case there are any skiers with additional sports interests around, don't forget that Suns carries a complete line of equipment for almost every sport you can name: Ice and Roller Skating, Skin Diving, Bowling, Fishing, ad inf.

GRAPEVINE SHORTS

Arlene Recht is back home from California . . . Diana Wallach has taken the Bridal Trail . . . John and Pearl Tissavary write us of some early November skiing in Europe . . . Lester Hauer's "Lady" premiered in John Jay film . . . Marc Berger did not approve of Daddy Artie's beard so-o-o—off it came . . . Bob Tucker and Hal Sussman very sad, they were rained in at Turin and rained out at home . . . This column was a little out of date last issue when reporting that the Bernats were expecting—the new baby boy had been around for two months already and is almost ready to put on skis . . . . The Hubert House in Boonville, N. Y. was very inhospitable to a group of about a dozen Miramar skiers up for some early skiing at Snow Ridge. Put that on your list tripleaders . . . Hal Sussman seriously considering giving up cigars.

—CEIL GLASS

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